

## PATIENT PROCEDURE INFORMATION

**Dear Patient,**

Thank you for choosing our practice for your medical procedure. We want to ensure that your experience with us is as smooth and comfortable as possible. To facilitate this, please take note of the following important instructions and information regarding your upcoming procedure.

**1. Authorization and Financial Responsibility:**

- Please ensure that you have supplied the authorization to the doctor's rooms. It is the responsibility of the patient/main member to get authorization for the procedure.
- If you are not on a medical aid that is contracted with the practice, please be aware of possible co-payments. A quote will be sent to you in such a case. Please inquire if you did not receive a quote.
- Any account queries can be made to [accounts@drfjacobs.co.za](mailto:accounts@drfjacobs.co.za). Please take note that the hospital, anaesthetic, and other services are separate from this practice and have their own fee structures.

**2. Patient Confidentiality:**

- Clinical information and results will only be given to the patient. Unfortunately, the patient's condition cannot be discussed with anyone unless prior permission is given by the patient.

**3. Pre-Procedure Instructions:**

- Please ensure that you do not take anything by mouth for at least six hours before your planned procedure. This generally means nothing after 10 pm the night before the procedure.
- Arrange for someone to fetch you from the hospital, as it will not be safe to drive after the procedure and anaesthetic.

**4. Procedure Explanation and Complications:**

- Your doctor would have explained the procedure to you in simple terms. The possible main complications associated with such a procedure will also be discussed.

**5. Post-Procedure Care:**

- Kindly request a sick note if you require one.
- Driving a motor vehicle after the procedure is individualized for every procedure but is generally one day after a simple endoscopic procedure and then 3 to ten days after other procedures.
- Some mild bleeding that decreases and stops after a cystoscopy-related procedure is normal. Excessive bleeding with clots, new onset of fever, increasing pain should be evaluated. You may have to be seen again in the rooms or readmitted in such a case.
- For open surgical procedures, most cases have dissolvable sutures. If not, the removal of clips or sutures will be done in the rooms at an appropriate time after the procedure.

We are committed to providing you with the best possible care throughout your journey with us. If you have any further questions or concerns, please do not hesitate to contact our office. We look forward to assisting you and ensuring a successful procedure and recovery.

Warm regards,  
**Dr Julius Jacobs and team**

